

ROLE OF CLUB RIDE LEADERS

Before the Ride

All ride leaders should familiarise themselves with the Risk Analysis document available on the Club website.

Plan a route in accordance with the group parameters set out on the website.

Decide on the viability of a ride in accordance with Club rule 9 (available on website: www.horshamcycling.co.uk). If the Club has issued a general cancellation due to ice or another reason, the ride must not go ahead.

If unavailable for a particular ride arrange to swap with another leader, if possible notifying the Group Co-ordinator of the intended swap beforehand.

The number of riders per ride is to be at the ride leader's discretion, but would not normally exceed 12. If the ride leader deems it appropriate, the group should be split in 2 if possible, with the second group led by another ride leader. Consider appointing a back marker if a second leader is not available.

At the start of the ride brief the group on the intended route and distance. If any guests are present make sure they are aware of the group parameters and are confident they have joined a suitable group. Take note of their name(s) and e-mail addresses (if practicable) in order to forward them the e-news report. Include them in the ride report.

Young Riders

If a young rider should wish to join the ride, ask their age. If they are under 18 we require written parent or legal guardian consent before they join a ride. Ask them to contact the Membership Secretary in the first instance. They would then be able to join us once consent has been obtained. Riders under 16 require parent or legal guardian consent and must also be accompanied by their nominated responsible adult for the duration of the ride.

During the Ride

Encourage safe riding in the group in accordance with the Club's Group Riding guidance and set a positive example.

Ensure the group stays together and rides within the group speed and distance parameters, taking into account the make-up of the group.

Give clear directions well in advance of turns/stops. If you overshoot a turn do not brake or turn suddenly – wait for a convenient turning point, indicate, slow down gently and turn when it is safe to do so.

The leader should not spend the whole ride on the front – spend some time moving through the group to make sure everyone is comfortable with the pace and not in need of a stop.

Ensure no one is left behind unless they so request and it is safe to do so. If someone does ask to return home early, consider sending a support rider with them, especially if they are less experienced, do not know the area well or have a mechanical issue.

In the case of a young rider under 18 wishing to return early from the ride, the rider should be accompanied back by an adult even if they say they are happy to return alone.

Point out any inappropriate ride behaviour during the ride. New members unfamiliar with group riding may benefit from some gentle coaching.

After the Ride

Email a ride report to the e.news address (horshamcyclingenews@gmail.com) by 8pm on the evening of the ride. The report should mention the number of riders, miles ridden, guests, average speed and any incidents, mechanical issues or punctures.

Advise the group co-ordinator of serious incidents, eg accidents causing injury, dangerous rider behaviour that has not been corrected during the ride, members of the group unaccounted for.

Data Protection

Any personal data relating to other members given to you by the Club in order for you to carry out your duties must be stored and used in accordance with the Club Rules (available on the website).